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Speed factor in crash that killed teen

COLLISION Speed was a factor in a crash involving a motorcycle and a bicycle that left a 16-year-old boy dead and a 26-year-old male motorcyclist in critical condition late Sunday night, police said.

While police are still investigating the collision, which happened just before 10:23 p.m. at the intersection of Carling and Woodroffe avenues, Const. J.P. Vincelette said police stated that speed was a factor.

The teen, who had been riding a bicycle at the time of the collision, had no vital signs upon paramedics' arrival. He was pronounced dead at the hospital.

The male motorcyclist suffered severe multi-system injuries and is in critical condition at the trauma centre. His 19-year-old female passenger is in stable condition with a minor head injury and a fractured arm.

Charges have not been laid. **TRACEY TONG/METRO OTTAWA**

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SCAN LIFE

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Health pg 12

Allergies on the rise: Docs

On the web

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Parliament Hill Approaching the summit



Prime Minister Stephen Harper takes part in the G8/G20 National Youth Caucus on Parliament Hill yesterday. Two youths taking part in the question-and-answer session complained most of the questions Harper answered were on the economy, and none addressed any subjects that could prove awkward for the government, like abortion and the environment. **More G20 coverage, page 4.**

100 weapons seized

Huge bust included guns, knives, nunchucks: Border officials

TRACEY TONG
tracey.tong@metronews.ca

The Canada Border Services Agency made its largest weapons seizure in the Ottawa region in recent history after a California man was charged with attempting to smuggle a collection of weapons into the capital last week.

Yesterday, the CBSA unveiled more than 100 controlled weapons, including nunchucks, concealed knives, butterfly knives, foot stompers, and throwing stars found concealed in a container of personal effects last week. Firearms included an AP-9 semi-automatic handgun, an A-15 semi-automatic assault rifle, a .380-calibre handgun

and a .380-calibre replica western revolver.

On May 11, CBSA officers uncovered a collection of prohibited weapons in a personal effects shipment after a man, who was in the process of moving to Canada, allegedly said he had two pellet guns and a mounted display handgun in a case. The CBSA had to ensure the handgun was decommissioned, said Chris Kealey with the CBSA.

"As a result of that, we went out to the warehouse and did a search of the containers."

Some of the firearms were concealed, said Kealey. "One was inside a futon mattress, another was inside a clock and another one in the shelving



The Canada Border Services Agency found over 100 controlled weapons in a personal effects shipment last week.

unit of a bookcase."

The OPP and the Ottawa police guns and gangs unit assisted with the identification of the weapons.

While the CBSA believes the weapons were part of a

personal collection, "they are illegal to possess," Kealey said.

The CBSA would be concerned that should these weapons be stolen from the owner and end up on the street, they may end up in the wrong hands and be used in a crime.

"The good news is that won't happen," Kealey said. "We have prevented (these) weapons from entering the community in some fashion."

A 42-year-old man is charged with failing to report goods, making false statements and smuggling under the Customs Act. He is also charged with violations regarding the importation of controlled weapons. Robert Frost appears in court here today.

Ontario owed \$1B in unpaid traffic fines, says police association

FINES Drivers owe Ontario municipalities more than \$1 billion in outstanding traffic tickets.

The Ontario Association of Police Service Boards is asking the provincial government for help to collect unpaid traffic tickets, which it complains have grown to exceed \$1 billion.

Attorney general Chris Bentley says the government introduced changes last fall that gave municipalities more power to collect fines for speeding and other traffic offences.



Kathleen Wynne

He calls the unpaid fines "a heck of a lot of money," and says the outstanding sum must be collected, both for the revenue and to

show traffic laws are being enforced.

Bentley says the province is willing to listen if the police boards think they need more powers to go after speeding motorists from the United States who simply ignore tickets they get in Ontario.

Transportation Minister Kathleen Wynne calls the \$1 billion in unpaid fines "unacceptable," and says she'll work with other ministries to make sure the outstanding penalties are finally paid.

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Local



Police put emphasis on safe driving

In recognition of Canada Road Safety Week, which begins today and runs through May 24, Ottawa police will be conducting a number of initiatives to increase compliance with safe driving measures. Police are conducting RIDE programs this Thursday and Friday to check drivers for impairment. Police vehicles will also be stationed at busy intersections to remind people that safe driving habits save lives and reduce injuries.

METRO OTTAWA

Transit officials meet to talk about future plans for cities

Convention's theme focusing on quality of life in urban areas

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

As local politicians await word from the federal government on funding for the downtown light rail tunnel, transit officials from across the country have gathered in Ottawa to discuss the next 30 years of trains and buses in cities.

The Canadian Urban Transit Association is holding its annual conference with the theme Vision 2040, which is about maximizing the contribution public transit makes

Minister's ear

Federal Transport, Infrastructure and Communities Minister

John Baird will be speaking to transit officials this morning.

to the quality of life in urban areas.

To do that, politicians need to understand the benefits that public transit can offer to a city, said CUTA chair Charles Stolte. "We need the support from our local politicians," said Stolte. "We need funding from different levels of government, federal and provincial."

Funding transit is something that Ottawa politi-

cians understand, said Mayor Larry O'Brien. He pointed to the city's new rapid transit network that is still waiting for the federal government to commit its share of the \$2.1-billion cost of the first phase.

"By 2031, our system will run out of any capacity to serve our community, so we made the very bold decision to make — to invest — in a tunnel

through the core of the city," said O'Brien.

An announcement from the federal government is forthcoming, said Bay Ward Coun. Alex Cullen.

"It's just a matter of time," he said. "We think the federal government is beginning to get it. Unfortunately, it took a recession for them to see the value of making that investment."

"We're going long-term and that's why you see Vision 2040 for all of public transit in Canada and we hope the federal government will acknowledge that."



Canadian Blood Services phlebotomist Jolanta Nowacka, right, helps regular blood donor and Ottawa Police Service Const. Stephen Carroll, centre, make a donation while past recipient Const. Claudio Escobar looks on. The officers helped launch the Sirens for Life challenge yesterday.

Front-line workers give gift of life

CAMPAIGN In 2003, Ottawa police Const. Claudio Escobar was hit by an impaired driver while on duty.

The husband and father suffered a massive traumatic injury, including a tear to his thoracic aorta and to his diaphragm. He also suffered a collapsed left lung and broke almost all of his ribs on the left side of his chest.

He underwent consecutive emergency surgeries, receiving upwards of 75 units of blood.

The transfusions saved his life, he said. "I wouldn't be here today if it weren't for the blood donations I received," said Escobar, who, along with fellow police officers and paramedics, attended the Ottawa blood donor clinic yesterday to make a donation and to kick off the Canadian Blood Services' Sirens for Life challenge.

The annual campaign has front-line emergency workers, including members of paramedics, police and fire services, giving blood.

"After receiving donations from thousands of

strangers, I thought it was my obligation to make people aware that ... one blood donation can potentially save three lives," said Escobar, now a CBS spokesperson.

"It's a good cause," said Const. Stephen Carroll, a regular blood donor. "In my line of work, you see a

number of occasions with accidents and people involved in serious accidents and victims of crime."

"I'm out here to support the cause," said first-time donor Francois Coté with the Ottawa paramedics. "I know that Canadian Blood Services is about to get into a busy season. Summer is always busy. We always get a lot of trauma and require a lot of blood."

"Emergency services responders are the ones that actually see the direct impact that it has, the impact that our blood donors have on people in general," said Steven Tipman, director of donor and clinic services for northeast Ontario and Nunavut region.

TRACEY TONG/METRO OTTAWA



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News in brief

ROBIN HOOD TAX Oxfam Canada will hold a tug-of-war outside the Peace Tower on Parliament Hill, at 1 p.m. tomorrow in support of the "Robin Hood Tax," which is a 0.05 per cent tax on speculative banking transactions. The purpose of the tax, says Oxfam, would be to raise the money needed to fight poverty and help poor communities adapt to climate change.

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Papa's artful advice: Slow down

GATINEAU Hal Ingberg's large public art work in Gatineau is called Papa, but it's no companion piece to Louise Bourgeois' 30-foot-tall giant bronze spider named Maman that stands in front of the National Gallery of Canada.

Papa is much more abstract. It's a four-section structure made up of multi-coloured, transparent glass walls that creates a small public plaza at the intersection of des Allumettières and Maisonneuve boulevards.

Across from the glass structure is a bench so people can observe shadows produced by six different-coloured glass panes.

"This work is intended to create something where we slow down even for just a moment. The fast process of living slows down and we become a community," said Ingberg, a Montreal-based artist and architect.

The panes start at 10 feet tall, but rise to a peak over 40 feet — a tower for fast moving cars — with a slower, smaller scale closer to the path further down the road.

Papa is the first non-commemorative piece of public art commissioned by the National Capital Commission in almost 20 years and forms part of the larger development for the area as gateway to Confederation Boulevard.

TIM WIECLAWSKI/METRO OTTAWA



Montréal artist and architect Hal Ingberg stands next to Papa, the new public art work he created and installed at the intersection of des Allumettières and Maisonneuve boulevards.

United Way set for gala night

COMMUNITY United Way Ottawa will be holding its 10th annual Community Builder of the Year Awards Gala tomorrow night.

The event honours members of the community who have made a sig-

nificant impact through their contributions and leadership in Ottawa.

United Way will also hand out 11 other awards to organizations, partnerships, agencies and neighbourhood groups.

TIM WIECLAWSKI/METRO OTTAWA

A report says the oilsands could be a riskier place to invest for the long-term than the Gulf of Mexico, where a ruptured oil rig has been spewing crude oil. The report by RiskMetrics Group likened development of Alberta's oilsands to the Gulf of Mexico disaster playing out in slow motion. **THE CANADIAN PRESS**

Canada



PM calls bank tax proposal unfair

Prime Minister Stephen Harper says a proposed international bank tax would unfairly penalize Canadian banks. He says Canada's banks didn't have to be bailed out during the global financial crisis and shouldn't be saddled with the proposed levy. Harper says you can't tax an economy back into prosperity. He says he will push the G20 to adopt a more sustainable system of financial regulation as a corrective to the economic meltdown. **THE CANADIAN PRESS**

B.C. Aides on trial



Former ministerial aides Bobbi Virk, right, and Dave Basi are seen leaving the B.C. Supreme Court in downtown Vancouver yesterday. Virk and Basi, who face allegations the pair had leaked information about the \$1-billion sale of Crown-owned B.C. Rail to Canadian National in exchange for money, are on trial.

Anarchists vow G20 trouble

Online message claims group will make Toronto 'regret' conference

It will be militant. It will be confrontational. And some things may be smashed.

In a rallying cry that has its made its way onto numerous anti-capitalist websites, a group of Ontario anarchists is dropping clues of its plans to disrupt the G20 summit.

The Southern Ontario Anarchist Resistance (SOAR) plans to take part

"This action will be militant and confrontational, seeking to humiliate the security apparatus."

Southern Ontario Anarchist Resistance (SOAR)

in the June 26 People First march — a popular public rally at London's G20 summit in 2009 — before continuing down to the security fence to "confront the

police state."

"This action will be militant and confrontational, seeking to humiliate the security apparatus and make Toronto's elites re-

gret letting the dang G20 in here," said the message, which first made rounds early last week.

The message promotes several protest events, including a roaming street party, and implores its members to support a variety of tactics. It is unclear how large the group's membership is. A message to SOAR wasn't returned.

TORSTAR NEWS SERVICE

Canada-born cameraman alive, recovering

BANGKOK According to Thai television reports, Canadian-born cameraman Nelson Rand died over the weekend.

No one told him, however.

"Are you kidding?" he said, recovering in the intensive care unit of a private hospital in the Thai capital yesterday, as fire-fights continued across the city.

The 34-year-old Burlington, Ont., -born journalist and author was shot three times Friday near the Japanese Embassy while filming clashes between government soldiers and Red Shirt protesters who have occupied a posh district in downtown Bangkok for two months now.

The protesters are demanding the dissolution of Parliament and fresh elections.

Government soldiers, meanwhile, are desperately trying to disperse them and restore Thailand's image of a peaceful, welcoming tourist destination.

Rand was strong, clear-minded and surprisingly



Canadian-born cameraman Nelson Rand recovers in the intensive care unit of a Bangkok hospital yesterday during a visit with a friend. Rand was hit by three bullets from a sniper on Friday while covering protests in Bangkok.

good-humoured for a man who had nearly died.

"Did I flatline?" he asked a visiting friend — a pejorative meaning: had his heart stopped?

It had stopped, his friend and fellow Canadian Chandler Vandergrift told him:

for about six seconds, according to doctors, before he was revived.

"I remember being hit in the left hand and I went to grab it with my right and I just starting going down," Rand recalled. "That's when I was hit two more

times."

Rand's excruciating experience appeared on CNN, including the moment when a sniper pumped two final shots into his left side. Why he was targeted isn't clear.

**TORSTAR NEWS SERVICE
MORE COVERAGE, PAGE 7**

Feds among smokers of illegal tobacco: Study

CIGARETTES Federal government workers, high school students and Supreme Court employees are buying illegal smokes, says a study by the Canadian Convenience Stores Association.

The study, released yesterday, counted cigarette butts outside government buildings and schools in Ottawa and examined to determine how many were contraband. The results show how widespread the problem is and the adverse effect it is having on cor-

ner store owners, say the study's sponsors.

"It's everywhere," Michel Gadbois, senior vice-president of the CCSA.

"Morally, these are places that should be zero per cent because they are government buildings," Gadbois told a news conference yesterday.

The butt study results ranged from a high of 39 per cent contraband outside an Ottawa high school to 22 per cent outside the Supreme Court building.

TORSTAR NEWS SERVICE

Author lauded for drug admission

SUBSTANCE ABUSE Beloved er, his fans and his colleagues.



Robert Munsch is being applauded for going public with his drug addiction. Munsch, 64, revealed during a weekend TV interview that he is four months clean after Robert battles with cocaine

and alcohol. Yesterday, he received support from his publish-

"It's unbelievable," said Don Jones, who is producing Munsch's upcoming Canadian tour.

"Ninety-nine per cent (of fan letters) have been wishing Bob the best. (It's been) very positive," he added.

TORSTAR NEWS SERVICE

Tories give cardinal's remarks a wide berth

ABORTION The Harper government distanced itself yesterday from anti-abortion remarks by one of Canada's most prominent religious leaders that have caused an uproar.

Intergovernmental Affairs Minister Joeee Verner described the comments by Marc Ouellet — a Catholic cardinal once touted as a possible candidate for the papacy — as "unacceptable."

The controversy was trig-

gered when the Quebec City cardinal called abortion a moral crime in every case, even in the case of rape victims. The comments from Ouellet come with the abortion issue, suddenly heating up again.

Over the weekend, Ouellet applauded the Harper government for its stance against funding abortions in the developing world. But Verner moved yesterday to distance her government from the remarks.

"The government did not put forward the agenda for maternal and child health (at the G8) to go get congratulations from the cardinal," Verner said.

"I don't want to be disrespectful towards him, but this wasn't our objective."

Verner described herself as pro-choice, and she offered a very curt assessor-

ment of Ouellet's remarks: "It's unacceptable."

THE CANADIAN PRESS



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Comment

PM's wheel of fortune

NationalReport

Lawrence
Martin

metronews.ca/nationalreport

The streak of fortune continues. One of the unwritten stories about Stephen Harper is how the fates continually smile on him. Few Canadian politicians have ever been as fortunate.

The latest break came last week. Just when it appeared the Conservatives were about to lose a huge swath of supportive media in a newspaper sell-off, a dark-horse bidder saved the day.

Liberally inclined Torstar appeared to be the favourite to win the National Post and the other Canwest papers, all of them in the conservative philosophical corner. The thought of it had the Harper Conserva-

tives climbing the walls. The country's media landscape was about to change. But a surprise bid from a group led by National Post chairman Paul Godfrey saved the day.

Just how sensitive the Conservatives are to media has been demonstrated in their attacks on the CBC for using a pollster, Frank Graves, who says the Liberals should employ a culture war strategy against Harper. What the feverish Tory reaction should tell the Liberals is that such a strategy is a good one.

The break on the newspaper sale followed a highly fortunate turn

in January, when just as momentum for a national day of protest against his prorogation of Parliament was building, the Haitian calamity struck. It wiped out all other news and gave Harper a chance to change the dial, which he did effectively with an impressive Haitian relief effort. The prorogue protest went ahead but was half the size it would have been.

In years previous, the wheel of fortune seemed to always spin his way as well. During the coalition crisis he was at death's doorstep when the opposition parties blew the deal by bringing Bloc Leader Gilles Duceppe in to a press conference. Then the Governor General saved Harper's bacon by granting his

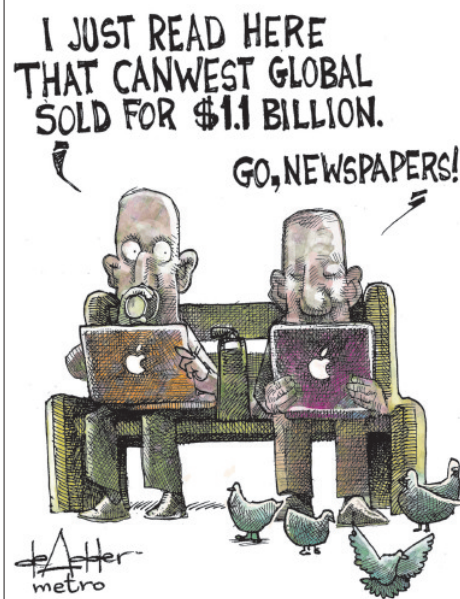
wish to shut down Parliament, thereby avoiding a confidence vote.

He received a remarkable break in the 2006 election, which brought him to power. Midway through it, the RCMP announced an investigation into the Liberals, which turned momentum in Harper's favour. Before that, during his opposition days, Harper got the break of a lifetime when the sponsorship scandal exploded, sending the Liberals plummeting in the polls.

He got good breaks in both his Alliance and Conservative leadership campaigns when no big-name opponents came forward to challenge for the titles. He's had great fortune as well in drawing weak opposition leaders thus far.

It's amazing. For other politicians luck usually runs out. For Stephen Harper, it just keeps on coming.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Noteworthy

April warmest month on record: Climate experts

The Earth's average temperature for April was 14.5 C, the hottest for any April on record.

Asia, the western contiguous United States and most of China.

The National Oceanic and Atmospheric Administration says areas particularly warmer than average included Canada, Alaska, the eastern United States, Australia, South

13.3
The National Oceanic and Atmospheric Administration says the world's average temperature was the highest on record for the January-April period. For January-April, the average was 13.3 C, the agency said.

Climate experts said the El Niño warming of the tropical Pacific Ocean weakened in April, as sea-surface temperature anomalies decreased.

The report noted that Arctic sea ice

was below normal for the 11th consecutive April, covering an average of 14.7 million square kilometres.

Cooler-than-normal places included Mongolia, Argentina, far eastern Rus-

THE ASSOCIATED PRESS

Worth mentioning

NATO unveils draft of mission statement

NATO must win the war in Afghanistan, expand ties with Russia and even China, counter the threat posed by Iran's missiles, and assure the security of its 28 members, according to the alliance's proposed mission statement for the next decade.

The draft document, released yesterday, seeks to bridge a growing rift between the U.S., which favours a greater international role for NATO, and European nations that want it to retain its traditional defensive focus.

"NATO must be versatile and efficient enough to operate far from home," said former U.S. secretary of state Madeleine Albright, head of the team of experts that wrote the docu-

ment. "(But) in order to sustain the political will for operations outside its area, NATO must see that all its members are reassured about the security of their home territories."

NATO Secretary General Anders Fogh Rasmussen will use the draft as a basis for a new strategic concept that will be submitted for approval at the alliance's next summit in Lisbon, Portugal, in November.

The previous strategic concept focused mainly on NATO's peacekeeping role in places like Bosnia and

Kosovo. It was adopted in 1999, soon after the end of the Cold War and before the Sept. 11, 2001, attacks in the United States forced the alliance to take on missions such as counterterrorism warfare in Afghanistan.

The war is the largest mission ever attempted by the alliance. More than 100,000 NATO troops, about two-thirds of them American, are currently deployed there. Nearly 1,800 NATO soldiers have been killed in the escalating conflict.

"In today's world we

may have to go beyond our borders to defend our borders. I can mention Afghanistan as a case in point," Fogh Rasmussen said.

"But Afghanistan is not a make-or-break situation for NATO. NATO is about much more than Afghanistan ... despite the fact that there is so much focus on Afghanistan right now."

The new statement emphasized the threat posed by Iran's nascent ballistic missile capability.

"Missile defence is most effective when it is a joint enterprise, and co-operation ... between the alliance and its partners — especially Russia — is highly desirable," the blueprint said.

THE ASSOCIATED PRESS

Mid-life crisis

• Founded in 1949 to counter the threat of a Soviet invasion, the 28-member NATO alliance is in the midst of a mid-life crisis as it searches for relevance almost 20 years after the collapse of its communist rival.

Quote of the Day

"At first we had a lot of concern about surface animals like turtles, whales and dolphins. Now we're concerned about everything."

— PAUL MONTAGNA, A MARINE BIOLOGIST AT TEXAS A&M UNIVERSITY CORPUS CHRISTI WHO STUDIES GULF REEFS. MONTAGNA AND OTHER SCIENTISTS FEAR TWO POWERFUL GULF CURRENTS WILL CARRY THE OIL SPILLED FROM THE DEEP-WATER HORIZON EXPLOSION TO OTHER REEFS.

THE ASSOCIATED PRESS

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Hundreds escape Vietnamese drug rehab camp

Nearly 600 inmates in a Vietnamese drug rehabilitation camp overpowered security guards and escaped, an official said yesterday. At least two-thirds of them were still at large. Vietnam's laws allow drug addicts to be held for up to two years in rehabilitation centres, many of which include hard labour and communist "ideological education." **THE ASSOCIATED PRESS**

World



We got lucky on H1N1: WHO head

The UN's global health chief says the world was lucky that the swine flu pandemic was relatively mild. WHO director-general Margaret Chan, left, says the virus hadn't mutated into a more dangerous form, and treatments such as Tamiflu and vaccines proved effective. But, she says, a problem in any of these areas would have made the flu outbreak far more severe. Chan says public health successes usually result from governments enacting good policy and devoting enough resources. **THE ASSOCIATED PRESS**

'For me, this is about justice'

Resolve remains strong among Red Shirts

They were expected to be cowed and scared.

Instead — they were defiant.

Thailand's Red Shirt protesters faced down an ultimatum by government forces yesterday to clear women and children from their protest site and prepare for a final clash.

But the protestors refused to flinch.

"We're not leaving. We're staying put," said 34-year-old farm labourer Tongmak Sanrut, who with his wife and two infant sons has been camped out in the heart of Bangkok for two months.

"We want democracy and we want justice ... and if violence comes, our struggle will continue."

And with those words, Sanrut — a thin rake of a man from northern Thailand — crystallized an essential truth the government of Prime Minister Abhisit Vejjajiva seems so far

The showdown in Thailand

- Protests began March 14; violence erupted on April 10.
- The death toll surpassed 60 yesterday, with the vast majority being civilians, according to one protest leader.
- More than 1,600 others have been injured.
- Many of the protesters — known as Red Shirts — say Prime Minister Abhisit Vejjajiva is ruling on behalf of a small, well-connected elite.
- The Abhisit government has thus far refused to allow any outside intervention into what it says is its internal affairs.

to have failed to grasp.

The government's actions have focused entirely on putting down a protest.

But what's at work here goes far deeper: Thailand is seeing an emerging movement based on widespread discontent with the way the country is run.

It's a movement not likely to go away when the protestors return home.

Red Shirts continue to push for the dissolution of Parliament and for fresh elections. They say the current government — which gained power through the

courts, a Parliamentary vote and the backing of the military — must step down.

Government media has portrayed Red Shirt supporters as dumb as buffaloes; lackeys of former prime minister Thaksin Shinawatra who was removed by a military coup in 2006 and who now lives in exile. But that might be simplistic.

"I'm not interested in Thaksin," Sanrut says bluntly. "For me, this is about justice."

TORSTAR NEWS SERVICE

South Korea They grow up so fast



Yesterday was the 38th Coming of Age Day in South Korea, a ceremony held to authorize boys and girls at the age of 20 — who have been living under the protection of their families — as independent individuals.

Bus attack kills dozens

INDIA Maoist rebels blew up a bus filled with police and civilians yesterday as it drove through central India, killing at least 19 civilians and 16 police officers. The attack took place in

the state of Chhattisgarh, which has seen fierce fighting between the Maoists and government forces in recent months. **THE ASSOCIATED PRESS**



Say what you will about oddball Libyan strongman Moammar Gadhafi, but the man knows business. Scan code for more. Learn how to scan on the Local page.

Companies to cut 1.5 trillion calories

FOOD Several of the U.S.'s largest food companies say they will take 1.5 trillion calories out of their products by 2015 in an effort to reduce childhood obesity.

The companies made the announcement through the Healthy Weight Commitment Foundation, a coalition of retailers, food and beverage manufacturers and industry trade associations.

The industry foundation said the companies will in-

roduce lower-calorie foods, change product recipes and reduce portion sizes to achieve the goal, seeking to reduce one trillion of the 1.5 trillion by 2012.

In a speech to an industry association in March, first lady Michelle Obama urged companies not to find creative ways to market products as healthy — including reducing fat and replacing it with sugar, or vice versa — but to increase nutrients as well.

THE ASSOCIATED PRESS

News in brief

OIL DAMAGE The oil spill in the Gulf of Mexico has already spewed plumes over ecologically sensitive reefs, some of them part of a proposed marine sanctuary that would restrict drilling in a large swath of the northern part of the vital waterway. Marine scientists fear that two powerful Gulf

currents will carry the oil to other reefs.

RAMPAGE Police say a cleaver-wielding man attacked and wounded six women before jumping to his death in the Chinese city of Foshan yesterday, in the latest in a series of such rampages in the country.

THE ASSOCIATED PRESS

RDI welcomes Paul & G. home from their first modeling shoot in Paris, France

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MODEL & TALENT

A salesman with a doomsday plan is taking money for what he promises will one day be a comfortable, nuke-proof bunker in California's Mojave Desert. Robert Vicino, who runs a company called Vivos, is already taking reservations for the bunker in Barstow. He says the 1,200-square-metre underground structure will include an atrium, gym and jail on the inside. **THE ASSOCIATED PRESS**

Salesman offers doomsday safe-haven at bunker

Business

DOLLAR	GAS	OIL	TSX
 US 96.74¢ US 0.19¢	 US \$4.340 US 2.7¢	 US \$70.08 US 1.53¢	 11,813 201.97

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Hong Kong Meet MyCar



U.S. Commerce Secretary Gary Locke, third from left, poses besides the Hong Kong-developed electric MyCar in Hong Kong yesterday. U.S. leaders want China's clean energy boom to drive technology exports and are sending a sales mission to Beijing this week. But Beijing wants to create its own suppliers of wind, solar and other equipment and is limiting access to its market, setting up a new trade clash with Washington and Europe.

Canwest wins court approval to proceed with newspaper sale

MEDIA Canwest Global Communications says it has received approval from the Ontario Superior Court to move forward with the sale of its publishing division, which includes the flagship National Post newspaper. The company says it will now proceed with an agreement to sell the assets to a group of creditors led by Post president and CEO Paul Godfrey for \$1.1 billion, including \$950 million in cash. The agreement covers Canwest's slate of print and online media assets, which include the Montreal Gazette, Vancouver Sun and Ottawa Citizen, alongside community newspapers and websites like Canada.com.

The company says the bid includes an agreement that the newspapers will continue to employ all of the full-time staff members, with some reductions in part-time employees. **THE CANADIAN PRESS**

ShareYourViews
ottawaleaders@metronews.ca

Cooling down: Home sales slip 2.6 per cent in April

HOUSES Canada's hot housing markets are showing signs of cooling slightly.

Home sales slid 2.6 per cent last month on a seasonally adjusted basis, down 6.8 per cent from the peak recorded in December, the Canadian Real Estate Association reported yesterday.

Meanwhile, the number of listings by owners who want to sell their house rose by 99,901, slightly surpassing the previous high for April set in 2008.

Although the average activity dropped, CREA president Georges Pahud said some of the country's major markets remain robust.

But economist Douglas Porter of BMO Capital Markets said a trend has been established and activity will only diminish further going forward.

House sales are now 20 per cent higher than they were a year ago when the country was still in the midst of a recession — a strong number but a significant slowdown from late last year when

sales were actually 70 per cent higher than a year earlier. By June, Porter said, sales may be no higher on a year-to-year basis.

Prices were also growing at only at moderate pace, moving 12.2 per cent higher than last April, the mildest year-over-year gain since last summer.

"Canada's housing market has gone from full gallop to stately canter and is poised to slow to a leisurely trot in the months ahead," he said.

Higher inventory levels, higher rates, tighter mortgage rules and the onset of the new harmonized sales tax in Ontario and British Columbia are expected to rein in activity further.

THE CANADIAN PRESS



Japan's beauty industry provides rare opportunity for women in a male-dominated society.

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Hybrid auto research gets push from feds

University lures U.S. researcher as part of new auto centre

The federal government has invested \$10 million to attract a top researcher in hybrid vehicle technologies to an Ontario university.

McMaster University in Hamilton announced yesterday that Ali Emadi, a well-known American developer of electric power-train technology, will join the university in conjunction with the development of a hybrid vehicle research facility.

The government investment, albeit small, is part of a broader push to expand Canada's research and development capacity in the area of green vehicle technologies.

In December, auto parts giant Magna International Inc. and the federal government announced a \$7.2-million research effort with the goal of developing lighter-weight, more environmentally friendly auto

CERC

• Ali Emadi's appointment was one of 19 new Canada Excellence Research Chairs announced yesterday by the federal government. Each appointment receives up to \$10 million in federal funding over seven years.

parts.

Although hybrid and particularly electric vehicle sales are expected to stay relatively low for the next few years, industry players assume that government incentives will encourage consumers to look more seriously at environmentally friendly options next time they're car shopping.

In the U.S., President Barack Obama has said he wants one million electric vehicles on the road by 2015 and has invested billions of dollars in General Motors, Chrysler, Ford and

Nissan to help accomplish that goal.

And both Canada and the U.S. announced last month that new cars and light trucks will be subject to stringent new rules to reduce greenhouse-gas emissions and become more fuel efficient starting in 2011.

At McMaster, Emadi's research will focus on the development of advanced electric-drive vehicles, hybrid batteries and the interaction between electric vehicles and the power grid, among other things.

The hybrid vehicle research facility will be part of a broader automotive research centre at McMaster with the goal of bringing together private and public sector organizations to develop new vehicle technologies such as hybrid engines, batteries and light-weight materials.

THE CANADIAN PRESS

Blue Lagoon Nothing like brine for the skin



Young women bathe in the Blue Lagoon pond, filled with silica-rich effluent from the nearby Svartsengi geothermal power plant in southwestern Iceland. The power plant produces enough power to heat four townships, the NATO Base and Keflavik International Airport. The effluent brine from the plant is disposed of into a surface pond, called the Blue Lagoon, popular with tourists and people suffering from psoriasis and other forms of eczema seeking therapeutic effects from the silica-rich brine.

Business in brief

EURO The euro traded near four-year lows yesterday amid warnings from European leaders that their \$1-trillion (U.S.) loan backstop for troubled governments would not be

enough to defuse the continent's crisis over high levels of government debt.

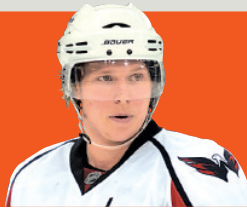
RIM Research In Motion Ltd. will start selling its BlackBerry Storm smartphone with China

Telecom Corp. as it tries to gain an edge over rival China Unicom (Hong Kong) Ltd., the local carrier of Apple Inc.'s iPhone.

METRO NEWS SERVICES

Albert Pujols was batting cleanup instead of his accustomed No. 3 spot for the first time in nearly seven seasons for the St. Louis Cardinals' first game since dropping out of the NL Central lead. Manager Tony La Russa said the move was all about energizing the player that's switching place with Pujols — Matt Holliday. **THE ASSOCIATED PRESS**

Sports



Caps lock up Backstrom

The contract for Nicklas Backstrom, left, is another long-term investment for the Washington Capitals: 10 years, \$67 million US. The Capitals announced their new deal with the Swedish centre yesterday, a reward after a season in which he set career highs with 33 goals and 68 assists. The 101 points ranked fourth in the NHL. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

SOCCER Barcelona forward Thierry Henry has denied reports he has signed a pre-contract to join Major League Soccer's New York Red Bulls after the World Cup. The denial was in response to several reports in the British press, which said the French star had signed an agreement with New York and would join the team this summer.

GOLF Tiger Woods has added the British Open to his summer schedule. Woods has a chance to become the first player in the history of the British Open to win three times at St. Andrews.

CFL The Toronto Argonauts will have to wait for Cory Greenwood. A CFL source requesting anonymity said last night Greenwood has signed a contract with the NFL's Kansas City Chiefs. The move comes after the six-foot-two, 219-pound Greenwood was selected third overall by the Argos in the CFL draft on May 2.

SOCCER FIFA's ethics committee will investigate claims by former English Football Association chairman David Triesman that Spain is trying to bribe referees at the World Cup. Triesman quit Sunday after being secretly tape-recorded by a tabloid newspaper suggesting Russia was going to help Spain bribe referees at the World Cup in return for gaining its rival's support in the race to host the 2018 or 2022 tournament.

NBA Los Angeles police say several dozen people waving signs and American flags gathered outside Staples Center before last night's Lakers-Phoenix Suns game in a protest over Lakers coach Phil Jackson's refusal to criticize Arizona's new anti-immigration law. Officer Karen Rayner says the protest was peaceful and there were no arrests.

METRO NEWS SERVICES

SCOREBOARD

NHL PLAYOFFS

TODAY'S GAMES

Montreal at Philadelphia, 7 p.m. (Flyers lead series 1-0)
Chicago at San Jose, 10 p.m. (Blackhawks lead series 1-0)

NBA PLAYOFFS

YESTERDAY'S RESULTS

Phoenix at L.A. Lakers

HOCKEY

WORLD HOCKEY CHAMPIONSHIP

YESTERDAY'S RESULTS

Finland 5 Slovakia 2

Norway 3 Switzerland 2

Belarus 2 Denmark 1

Czech Republic 3 Latvia 1

BASEBALL

YESTERDAY'S AL RESULTS

Minnesota 8 Toronto 3

Kansas City 4 Baltimore 3

Chicago White Sox at Detroit (ppd., rain)

Boston at N.Y. Yankees

Cleveland at Tampa Bay

L.A. Angels at Texas

Seattle at Oakland

YESTERDAY'S NL RESULTS

Arizona 5 Florida 1

Cincinnati 6 Milwaukee 3

N.Y. Mets 3 Atlanta 2

Philadelphia 12 Pittsburgh 2

Colorado at Chicago Cubs

Washington at St. Louis

San Francisco at San Diego

Houston at L.A. Dodgers

'A tough way to start'

Gionta calls on Habs for more effort, smarter play

For veteran forward Brian Gionta, getting wiped out 6-0 in the first game of a playoff series is no grounds for panic.

So even if the Montreal Canadiens looked to be left for dead after their one-sided loss to the Philadelphia Flyers, Gionta said more effort and a few adjustments to their game plan can get Montreal right back into the NHL Eastern Conference final.

He's looking for it to start in Game 2 of the best-of-seven series tonight at the Wachovia Centre.

"A loss is a loss," Gionta said yesterday. "You try to figure out what went wrong and, being the first game of a series, you have to look at things a little more deeply."

"I don't think we're that far off. It was a tough way to start, but it was mostly on ourselves. It wasn't something they were doing special that we can't react to. It's a matter of us being prepared to play and executing what we want to do. None of that happened (Sunday) night. I have confidence that we'll rebound and be able to come back with a better effort."

The Canadiens held a team meeting to go over their many lapses in Sunday's Game 1, and only eight players went for a skate, mostly those who didn't play or who saw limited ice time.

The general view was that the bigger, more physi-



Montreal Canadiens Brian Gionta, left, and Travis Moen sit on the bench during their 6-0 loss to the Philadelphia Flyers on Sunday at Wachovia Center in Philadelphia. Game 2 is tonight.

cal Flyers wore down the Canadiens and succeeded in crowding the crease and making life miserable for goaltender Jaroslav Halak, whose heroics against first-place Washington and defending Stanley Cup champion Pittsburgh are the main reason the eighth-seeded Canadiens are even in the conference final.

The Canadiens note that they were blown out once each by the Capitals and Penguins in the first two rounds and both Halak and the team came back to win. The aim of those teams as well was to get bodies in front of Halak.

"I and his teammates have a lot of confidence in

Jaro that he'll be able to bounce back," said coach Jacques Martin.

In the regular season, Halak was blown out by the Flyers just before the Olympic break, but came back to shut them out in Philadelphia in April, so the 25-year-old did not look too concerned.

"We faced this in the first and second series — get big guys in front of me," said Halak. "It's the playoffs. They want to win the game as much as we do. We have to do a better job boxing guys out and we'll be OK. I need to do a better job of (seeing the puck) too."

Still, there is a suspicion that six-foot-five defence-

man Ryan O'Byrne may be back in the lineup to try to counter some of Philadelphia's physical play, which would likely cause Marc-Andre Bergeron to move up to forward on the fourth line so they can keep his big shot for the power play.

But five-foot-seven Gionta, the smallest player on either team, doesn't feel his team was intimidated, even if they were outthit 27-19. For Gionta, brains plus effort beats brawn.

"It was a matter of winning individual battles — it has nothing to do with getting outthit," he said. "We just weren't prepared to play from the start."

THE CANADIAN PRESS

Stamkos set to return to the ice

IIHF Mark Messier says it's time for Canada to show some heart at the IIHF World Hockey Championship.

The Canadian general manager brought a group of young players to the tournament, hoping they'd be hungry for success. Instead, they have showed little emotion in lacklustre losses to Switzerland and Sweden.

The latest defeat prompted a number of blunt assessments from the Canadian camp ahead of today's round-robin finale against the Czech Republic (TSN, 10:15 a.m. ET).

"I think that through this tournament we're getting a good reality check," Messier said yesterday. "The same things win hockey games at any level and at any tournament. You have to play with heart and passion and you have to execute."

"If you don't do those things, there's a good chance you're going to get beaten no matter who you're playing."

The Canadian team has been left with little margin for error. A loss to the Czechs today would likely set up a deadly quarter-final game against the powerhouse Russians, who have reeled off 23 straight world championship wins.

Fortunately, Canada still controls its own destiny and is poised to receive a big boost with the return of Steven Stamkos. The team's top forward sat out two games after being elbowed to the jaw, but says he's "hungry" to return after getting the thumbs-up from doctors.

He had to watch Sunday's disappointing 3-1 loss to Sweden from the stands.

THE CANADIAN PRESS

Woeful Nets hope draft lottery delivers top pick

NBA With their new owner sitting in the front row, the New Jersey Nets will have the best chance to win the NBA draft lottery.

They could sure use the help.

Mikhail Prokhorov will represent the Nets on stage tonight in Secaucus, N.J., (The Score, 7:30 p.m. ET) for the lottery, which his team has a 25 per cent chance of winning after finishing with a league-worst 12-70 record.

Kentucky freshman point guard John Wall is considered the top prize in this year's class, with player of



the year Evan Turner of Ohio State also expected to get high next month.

"From my perspective, I think that we are in a very good position. We're going to get a really good player, so I'm excited about that," Nets president Rod Thorn

said. "You always want to get as high as you can, because the higher you get, the more leverage it gives you. We're hoping for the best, but we do know that wherever we end up, we'll get a good player."

The Nets can finish no worse than fourth. However, the lottery hasn't been kind to the team that needs the most assistance lately.

Not since 2004, when the Orlando Magic selected Dwight Howard, has the team with the worst record won the lottery. Last year, the Sacramento Kings tumbled to fourth — though

they did end up with even-ten Rookie of the Year Tyreke Evans.

Thorn believes the lottery system works and has always been supportive of it, going back to when he worked in the league office, though he joked that, "Hopefully, I won't be upset tomorrow night."

The Minnesota Timberwolves (19.9 per cent) and Sacramento (15.6 per cent) are the other teams with high lottery probabilities. Golden State (10.4 per cent) and Washington (10.3) round out the top five.

THE ASSOCIATED PRESS



Top Chef set to release book

Spike Mendelsohn, a break out star of Bravo's Top Chef, will release The Good Stuff Cookbook: Burgers, Fries, Shakes, Wedges and More on May 31. His restaurant in Washington, D.C., has been a resounding success since its opening in 2008. **METRO NEWS SERVICES**

Food



More Skinny choices

Who says a healthier lifestyle can't be sweet? Just in time for summer, The Skinny Cow introduces two new low cal indulgences: Cookies and Cream Sandwiches bits (140 calories) — a vanilla sandwich swirled with chocolaty cookie bits — and Caramel & Vanilla Cones (150 calories) — vanilla ice cream drizzled with caramel sauce in a crunchy chocolaty coated sugar cone. Available at most grocery stores (\$7.49/per box of 4 or 5). **METRO NEWS SERVICES**

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Simple and decadent

Veal Cutlets with Lemon-Garlic Sauce

SERVES 4

INGREDIENTS:

Sauce

- 1 head garlic
- 2/3 cup reduced-sodium chicken broth
- 1/4 cup fresh lemon juice
- 2 tsp cornstarch
- 1/4 tsp salt

Veal

- 4 veal cutlets
- 1/4 tsp salt
- 1 Tbsp Dijon mustard
- 1 lemon, very thinly sliced

METHOD:

1. Preheat oven to 375°F (190°C). Wrap garlic in foil and bake until tender

(package will feel soft when pressed), 45 minutes. When cool enough to handle, cut off bulb top, squeeze out garlic pulp into small bowl, and mash until smooth.

2. Preheat broiler. Sprinkle cutlets with 1/4 tsp salt and brush with mustard. Top each cutlet with 3 lemon slices. Broil cutlets 10 cm from heat until cooked through, 2 minutes. Transfer cutlets to platter and cover loosely with foil to keep warm.

3. In small pot, whisk broth and lemon juice into cornstarch. Whisk in 1/4 tsp salt and roasted garlic. Bring to boil over medium heat and boil until sauce is lightly thickened, 1 minute. Spoon sauce over veal on platter.

Per Serving: 160 calories, 4 g total fat, 1 g saturated fat, 8 g carbohydrate, 2 g fibre, 24 g protein

Ambrosia

SERVES 6

INGREDIENTS:

- 3 navel oranges
- 1 small pineapple
- 2 large bananas
- 3/4 cup mini marshmallows
- 1/3 cup sweetened coconut flakes
- Fresh mint sprigs (garnish)

METHOD

1. Cut thin slice off top and bottom each orange. Remove peel and pith with paring knife. Holding orange over large bowl, cut

between membranes and lift out sections with knife, letting them fall into bowl with juices.

2. Using long serrated knife, cut top and bottom off pineapple. Stand pineapple up and cut off peel in sections, from top to bottom. Halve pineapple lengthwise. Place one half, cut-side down, on cutting board and slice lengthwise into 3 equal sections. Slice off hard core from each section, then cut sections crosswise into chunks, about 2.5 cm thick. Add to oranges in bowl and toss. Repeat with second half pineapple.

3. Slice bananas 0.5 cm thick and add immediately to fruit and juice in bowl; toss to coat. Gently fold in marshmallows and co-



Veal Cutlets with Lemon-Garlic Sauce are tangy and flavourful.

conut. Cover with plastic wrap and refrigerate at least 2 hours or overnight to blend flavours. Garnish with mint sprigs.

Per Serving: 160 calories, 2 g total fat, 2 g saturated fat, 38 g carbohydrate, 4 g fibre, 2 g protein

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



ADVERTISING FEATURE

Canadian Dairy: The Informed Choice



"Canadian milk meets high standards of quality and safety," says Bob Stultz. "But keeping it that way takes a lot of hard work. Farmers, processors, retailers and even consumers have a role to play in making Canadian dairy products safe, fresh, and nutritious."

Bob's in touch with all the players in the Canadian dairy industry. As Director of Market Development and Pro-active Media Group with Dairy Farmers of Canada (DFC), it's his job to listen to those who produce dairy products, those who sell them, and those who consume them. Their biggest concern? Helping consumers make informed decisions.

"Consumers want dairy products they can trust," Bob explains. "They want to know where the products come from; what's in them. They know milk is healthy—not like a soft drink that has to be promoted on what it doesn't contain. Yet every day people are bombarded with food claims, some of them untrue. DFC addresses these claims and communicates the facts about Canadian dairy products to everybody."

That's where the 'pro-active' part of Bob's job begins. When the dairy

industry has a story to tell, Bob's team tells it—through media, through live events, and through seminars and school visitations. Where misunderstandings exist, he seeks to correct them. "Border confusion" is a great example," says Bob. "Canadians hear about growth hormones being permitted in dairy products down south and assume the same is true up here. So we explain that artificial growth hormones (such as RBST) are not legal for sale in Canada—our industry doesn't allow it."



For recipes and more info on 100% Canadian milk, go to metronews.ca/canadianmilk

One of Bob's best communication tools is the 100% Canadian Milk symbol, now a fixture on many Canadian dairy products across the country, assuring consumers that the milk used in their dairy products is produced here, in Canada, according to the highest standards. "The symbol gives consumers what they want: information," Bob says.

"And nothing's better for the Canadian Dairy industry than an informed consumer, because the more you learn about our products, the more you like them. Truly, we're all in this together."



Behind this symbol is a source of pride.

We can be proud of products bearing the 100% Canadian Milk symbol. It means they are made from locally produced milk renowned for its purity, high quality and great taste.

Look for this symbol on your dairy products.

asourceofpride.ca

Health & Beauty

EDITOR: EMMA.YARDLEY@METRONEWS.CA

Allergies affect more people now

CELIA MILNE
for Metro Canada

Ever noticed that far more people are allergic than in the past? It seems that every second person in the big city is sneezing and sniffing at this time of year.

Well, it's not your imagination. It's true.

"Allergic disease has increased frequency mainly in the last three decades," says Dr. Guy Delespesse, director of the laboratory for allergy research and a professor at the Hôpitalier de l'Université de Montréal.

The statistics show an alarming upward trend for asthma and allergies.

The prevalence of asthma almost doubled from 1980 to 1994, he says.

An astonishing three hundred million people worldwide suffer from asthma, and there are 250,000 deaths every year.

It is estimated that the number of people with asthma will grow by more

than 100 million by the year 2025.

It's not just allergic disease that is on the rise, says Delespesse.

"The same thing is happening in immune-mediated diseases in the same period of time."

Immune-mediated diseases are illnesses in which a person's immune system backfires and attacks their own body. Examples are type 1 diabetes, multiple sclerosis and Crohn's disease.

Doctors have figured out that something in our environment must be causing these sharp rises in disease. If it was strictly a genetic change, it couldn't happen that fast, says Delespesse.

It seems that people were better off when they lived on farms surrounded by animals and good, old fashioned dirt.

"Where allergies and asthma are the worst are where people congregate in large cities. Studies in Europe clearly demon-



There is evidence that intestinal bacteria, which may protect us against allergies, is different in children who were raised on farms within close proximity to animals and dirt than city dwellers.

strate that children born and raised on farms, who have contact with animals, have a much lower incidence of asthma and allergies."

In other words, the cleanliness of modern society may be causing disease. Bacteria in the environ-

ment — which move into our guts — seem to be protective against allergies.

"There is evidence," says Delespesse, "that the intestinal bacteria of children who will develop allergy is different from those who won't develop allergies."

Several possible solu-

tions are being studied. One is to give probiotics to children who are at high risk for allergies, as this will boost the numbers of bacteria in their gut.

Another possible theory is that pregnant women need more zinc, magnesium, vitamin D and vita-

"Where allergies and asthma are the worst are where people congregate in large cities."

Dr. Guy Delespesse
director of laboratory
for allergy research
Hôpitalier de
l'Université de
Montréal.

min E in order to prevent allergies in their children.

Air pollution, especially diesel exhaust, is being studied as another possible culprit. Finally, the stress of living in a big city is thought to be a possible factor.

"This is a societal problem," says Delespesse.

On an individual level, he suggests we continue to clean our homes and take antibiotics when recommended by a doctor, but recognize the overall effect that killing bacteria has on society.

Connecting allergies and cancer

MEDICAL THEORY Hives. Sneezing. Itchy tongue. Allergies are a nuisance and can even be life-threatening.

But could it be that there's some good news for allergy sufferers?

There's an interesting theory among doctors that allergy may be protective against cancer.

What do the medical studies say?

"Literature suggests that

those with allergy have a reduced risk of developing cancer versus the general population," writes Dr. Susan Waserman, an allergist in Hamilton.

She wrote Does Allergy Protect Against Cancer? for the Allergy Asthma Information Association of Canada's website.

Here is a possible explanation: Allergy and cancer are on opposite ends of the spectrum in terms of the

immune system.

Allergies occur when the immune system is in a hyper-reactive state, while cancer is a type of immunodeficiency, explains Waserman.

It's possible that those with hyper active immune systems aren't as susceptible to cancer.

Many more studies are required before we have a definitive answer, she adds.

Is this an allergy or a cold?

How is an allergic reaction different from a cold or the flu?

Allergic reactions occur when the body's immune system over-reacts to a something it is exposed to. Common allergens include food, insect stings, latex, and medications. According to Health Canada, the top nine priority allergens are peanuts, tree nuts, sesame seeds, milk, eggs, seafood (fish, crustaceans and shellfish), soy, wheat and sulphites (a food additive). But there are plenty more.



- flushed face, hives or a rash, red and itchy skin
- swelling of the eyes, face, lips, throat or tongue
- trouble breathing, speaking or swallowing
- anxiety, distress, faintness, paleness, sense of doom, weakness
- diarrhea, cramps, vomiting
- drop in blood pressure, rapid heart beat, loss of consciousness
- anaphylactic shock

If you are having mild symptoms, you should see your doctor. For severe reactions, go to the nearest Emergency room.

Here are the signs of allergies, from Health Canada's website:

CELIA MILNE/FOR METRO CANADA

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SPECIAL FOCUS ON:
Allergies

health & beauty **13**

Allergic to love or just plain allergic?

The J Spot

Josey Vogels

metronews.ca/thejspot

Garth: Wayne, what do you do when, every time you see a really hot girl, you feel like you're going to hurl?

Wayne: I say hurl. If you blow chunks and she comes back, she's yours. But if you spew and she bolts, it was never meant to be.

— Pearls of wisdom from Wayne's World

The above dialogue is from the website tvtropes.org, which devotes an entire section to movies and TV shows that use the notion of being "allergic to love" as a storytelling device.

Like Stan, in the early

seasons of South Park, who vomited uncontrollably when his love interest Wendy Testaburger so much as talked to him.

And, while you may not have vomited — or, as Wayne so eloquently put it "hurled chunks" — when you got near someone you did fancy, you've no doubt experienced the sweaty palms, felt an elevated heart rate, or got that feeling that you just may, well, hurl chunks.

Obviously, this kind of reaction doesn't mean you're technically allergic to your love interests; not in the way my husband is to wasps or my mother to shellfish, anyway.

Sure, it may feel like you're going to die if, say, the object of your affection doesn't return the feeling, but a few shots of tequila — not epinephrine — is more likely to cure your ills. But what if you were not necessarily allergic to love but to the person you love?

"Maybe you can actually be allergic to another person, possibly even someone you really like. Which would really put a damper on cuddling."



According to Darcy Keenan, an Ottawa-based natural therapist who specializes in allergies (keenanclinic.ca), one can certainly have an allergic reaction to someone else if they've eaten foods you're allergic to or used certain cosmetics or products that cause you to have an allergic reaction.

I've also heard of cases of women being allergic to her partner's semen. Something to do with her antibodies not getting along with his antigens and causing a reaction. Keenan adds that semen is affected by what a man

eats and drinks, and thus, well, "You can extrapolate from there," he laughs.

Ted Edwards, an allergy expert I spoke to in the U.S. (allergyexpert.wordpress.com), said that using a far-too-complicated-to-explain-here allergy clearing process called Cerebrospinal Kinesiology (even the name sounds

complicated) he was able to help a young woman get over her allergy to her mother!

So maybe you can actually be allergic to another person, possibly even someone you really like. Which would really put a damper on cuddling. As for being allergic to love, well, I definitely know a

few people who seem to freak out every time it comes near them. You know the type. Every time a relationship starts to get serious, they find a way to sabotage it.

Though I suspect this is less a love allergy to love than an allergy to getting hurt. If only they could develop an EpiPen for that.

Benign Essential Blepharospasm Week May 16 - 22, 2010

Benign Essential Blepharospasm (BEB) is a disease that causes the eyelids to spasm and close uncontrollably. More than 3,000 Canadians suffer from this debilitating eye disease — which can lead to functional blindness — yet very few people know about it.

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ALL THAT STRESS IS NOT GOOD FOR YOUR ORAL HEALTH TOO!

Perhaps the latest round of global economic turmoil is getting to you. Maybe it's the thought that the school year is almost over and you still have not planned summer camps for your kids. It could be work. It could be anything.

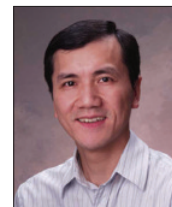
The fact is that **today's hectic lifestyles can cause a lot of stress**. While most people are familiar with the impact stress can have on their hearts or their blood pressure, many are unaware that **stress can also impact your oral health**.

The impact of stress on oral health may be indirect. For instance, **people under stress are more likely to neglect their hygiene routines or make unhealthy food choices**. Either of these can have a negative impact upon oral health.

For instance, a failure to properly brush and/or floss on a regular basis can leave behind more food particles on the teeth and gums. This can **attract bacteria that leads to tooth decay and gum disease**.

With respect to food choices, highly stressed individuals tend to choose foods of convenience. That usually means more processed foods with higher sugar or starch content. **Unhealthy eating habits** like this can also compromise your oral health.

However, stress can also have a more



Dr. David Lui
Dental Surgeon

direct impact on the well being of your mouth. People who experience higher levels of stress are more susceptible to a condition known as **bruxism**.

Bruxism refers to the grinding of the teeth, usually at night while sleeping. It can lead to headaches, earaches, chronic facial pain and even the uneven wearing of the teeth. **Many people suffering from bruxism wear night guards** while they sleep to help alleviate the symptoms.

Stress has also been linked to **dry mouth** by affecting the ability to produce saliva. Saliva is very important to keeping the mouth clean and people with dry mouth are also more likely to suffer other oral health care concerns, including bad breath.

Canker sores are also more common with stress. The link between cankers and stress is not clearly understood. And while cankers are usually harmless, they can be painful.

Of course, **stress can compromise your immune system**. And when immune systems are not working efficiently, **gum disease** can become a problem. Your body needs to be operating efficiently in order to combat the bacteria that attacks it from all directions, including the mouth. The stronger your immune system, the more ready you are to do battle with the multiple species of bacteria that find the mouth to be a wonderful home!

Just remember that **smiling is one of the simplest ways to help alleviate stress**. But if poor oral health has left you with a smile you would rather not show off, you are less likely to take advantage of this form of stress relief. So talk to your dentist if you are experiencing any of these conditions due to stress...and let your dentist help you put on a smile that will keep that stress away!

Because alleviating stress is a healthy habit...and healthy habits lead to healthy lives.

Dr. David Lui
- Dental Surgeon

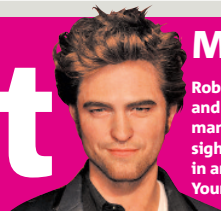
Music conquers all in Nashville — and it came to the rescue of flood victims Sunday during a telethon that raised more than \$1.7 million for relief in the region. Brad Paisley, Keith Urban, Sheryl Crow and Martina McBride were among the artists who took part. **PEOPLE.COM**

Flood relief

Entertainment

Music man

Robert Pattinson wants to play a sex and drug obsessed record label A&R man in a new movie. He has his sights set on playing Steven Stelfox in an adaptation of the novel *Kill Your Friends*. **FEMALEFIRST.CO.UK**



EDITOR: DEAN.LISK@METRONEWS.CA



Bjork

Morricone, Bjork share Polar prize

MUSIC Italian composer Ennio Morricone and Icelandic singer Bjork have won the 2010 Polar Music Prize.

They will be invited to accept the award, which includes about \$130,000 each in prize money, at a ceremony in Stockholm later this year.

The Polar Music Prize is Sweden's biggest music award and is typically shared by a pop artist and a classical musician. It was founded by Stig Anderson, manager of Swedish pop group ABBA, in 1989.

Bjork sang in various Icelandic bands in the 1980s and rose to international fame with her solo album *Debut* in 1993. Morricone, 71, has composed more than 400 film scores.

THE ASSOCIATED PRESS

Crash Test Dummies return

TheAudioFiles



Bryan Borzykowski

metronews.ca/music

It's been 17 years since the Crash Test Dummies released the multi-platinum selling album *God Shuffled His Feet*, but it's hard to forget that this Winnipeg band was — in the midst of grunge — one of Canada's most successful acts.

For a lot of people, Brad Roberts' deep baritone voice and sweet, folk pop melodies were the perfect antithesis to the constant barrage of flannel and angst-fueled distorted rock.

But, while the band wasn't exactly a one hit wonder — Superman's Song, Mmm Mmm Mmm Mmm and XTC cover The Ballad of Peter Pumpkinhead were all popular — it shouldn't have come as a surprise that the stronger grunge became, the weaker the Crash Test Dummies' future looked. It didn't take long before the

Brad Roberts has revived the Crash Test Dummies. The band's new album *Oooh La La* is now out.

masses lost interest; the band officially faded out in 2004.

Roberts could have left it there, but this year he revived the Dummies name, teamed up with original member Ellen Reid and, last week, released *Oooh La La*, the group's ninth record.

It's an unexpected return — there weren't many people clamouring for a Dummies reunion — and even Roberts was surprised.

"I started writing, with

(producer) Stewart Lerman for fun. Purely for the sake of making music," he says on the phone from New York. "It sounded so good to me that how could I not promote this record?"

While he's excited to get back on stage, he admits that he enjoyed not playing music. Being recognized on the street had gotten to him a long time ago and he could do without record label pressures and not making any money, the real reason why he wound down the band.

"In 2004 I realized I couldn't continue making records because I wasn't making any money," he says. "I couldn't afford to pay away money on vanity projects."

Those were tough times, but these days he's a little wiser. He's stripped the group down to three members, they are playing intimate acoustic shows, and the band is only touring 10 days at a time.

It's too early to tell how the reformed band will be received, his new album is

"I realized I couldn't continue making records because I wasn't making any money." Brad Roberts

interesting. He wrote most of it using an optigan — a keyboard from Mattel that plays a bunch of pre-recorded, full-band sounds. Roberts basically recreated the sounds, with a live band, that the instrument played and then added vocals and other musical flourishes on top.

It's easy to tell that this is a record made by someone who doesn't care about sales anymore; it's relaxed and fun. But it probably won't make Roberts rich again. And, perhaps the most impressive part about this comeback is that he's ready to deal with success or failure this time around.

"If I don't make money I will retire again," he says. "If I do make money I'll release another record."

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

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Myers may be far, far away but his heart's in Canada

NED EHRBAR
Metro World News

Mike Myers still remembers the phone call he got from DreamWorks head Jeffrey Katzenberg more than a decade ago about taking part in a new animated film.

"Jeffrey said, 'Would you like to be in an animated movie?' I said yes, and he said it's called Shrek. I said, 'That's the worst title I've ever heard in my entire life,'" the Toronto-raised actor remembers.

"I didn't know what it was going to be, and then the first time I saw it with an audience, I was just blown away that an animated movie could move people

and that it was something people would be invested in emotionally. And I think that's been the most satisfying thing."

Much like the swamp-dwelling ogre he's had such success portraying over four films, Myers often just wants to be left alone. "I like my privacy.

With something like this, I love being a part of this," he says, referring to his current publicity tour for Shrek Forever After. "And when I'm not doing stuff, I like to go away. I enjoy being a person a great deal."

**Shrek
Forever After
opens
Friday**

Of course, his swamp is actually New York City, a home he's incredibly grateful for. "I love New York City. I love getting to live there," he says. He

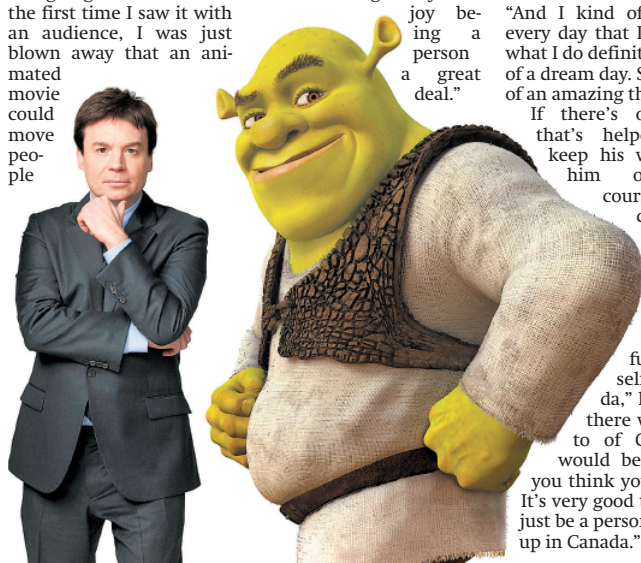
also loves the career he's been able to have, spanning a career-making run on Saturday Night Live and several successful film franchises.

"When I was a kid in Toronto, you have your nose against the window looking south to show business — Showbiznia, the United States," he says.

"And I kind of feel like every day that I get to do what I do definitely is kind of a dream day. So it's kind of an amazing thing."

If there's one thing that's helped Myers keep his wits about him over the course of his career, it's his national heritage.

"It's hard to be super full of yourself in Canada," he says. "If there was a motto of Canada, it would be 'Who do you think you are, eh?' It's very good training to just be a person, growing up in Canada."



DVD picks

Invictus

Director: Clint Eastwood

TITLED FOR THE Latin word for invincible, Clint Eastwood's latest movie stars Morgan Freeman as Nelson Mandela, and you couldn't imagine a more unbeatable confluence than that. Freeman captures the South African icon's deliberate manner and cadence, and seems imbued with the same inner fire.

Matt Damon co-stars as François Pienaar, the captain of South Africa's national rugby team in the 1995 World Cup, a momentous series that came to be about far more than sport. Damon's performance is also impeccable, and he seems to have nailed the South African accent.

But for once, Eastwood's famous restraint hasn't entirely served him well. Invictus is a movie about emotions made by a man



who distrusts naked displays of emotion.

After a brief prologue set in 1990, marking Mandela's release from jail after 27 years of imprisonment by the racist apartheid regime, it jumps to the difficult days following his 1994 election as South Africa's president.

Racial tensions come to the fore over the Springboks, the national rugby team long associated with apartheid-supporting Afrikaners. The black ma-

jority vote to change the Springboks' name, logo and colours, but Mandela argues that it's time for forgiveness and reconciliation. At great risk to his personal capital, he extends the hand of friendship to Pienaar and the Springboks, vowing his support in their efforts to gain a berth in the 1995 Rugby World Cup.

Eastwood devotes most of the film to showing Mandela preparing for an epic battle that is depicted with almost indecent haste and far less passion than you'd expect. Eastwood set a very high standard with Mystic River, Letters From Iwo Jima and Million Dollar Baby, and this one isn't quite at that level.

Extras bring several featurettes, including Matt Damon Plays Rugby, which is about turning a movie star into a rugby player.

Peter Howell/for Metro Canada

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While fans are usually fighting to give Stephen Colbert a key to their city, the city of Colbert, Ga., will not invite the comedian to its July 4th parade. "His satire is probably something that we didn't feel suited our small-town atmosphere," Colbert mayor Chris Peck said. **POPEATER.COM**

Colbert gets the snub

Fox giving Glee the Super Bowl bump

Network aims to re-shape American Idol, putting larger focus on more comedy shows this Fall season

Fox is changing the American Idol format after it sagged in the ratings, giving a supersized push to Glee and focusing on comedy heading into the next television season.

The network released its schedule yesterday.

Fox is the second of the broadcast networks to release its upcoming schedule. Despite Idol dropping an estimated nine per cent in young viewership this season, the network minted a new hit in Glee and will be the first network to win the season six years in a row among the 18-to-49-year-old demographic it



Glee, this year's breakout comedy, will get the post-Super Bowl time slot next season.

seeks.

Fox still hasn't answered its most compelling mystery for next season: Who

will replace Simon Cowell when he leaves American Idol this month?

In response to viewer re-

quests for more performances, Fox will increase the Tuesday night competition show from an hour to

90 minutes. The Wednesday results show will be chopped in half to 30 minutes, Fox executives said.

Despite the ratings slide, American Idol continues as the most popular TV show in the United States.

Fox is giving extra attention to Glee in its second season, even though fans will get a scheduling challenge. A special episode of the show will get the prime post-Super Bowl time slot next season.

The show will air Tuesdays at 8 p.m. in the fall, ahead of two new comedies. After the Super Bowl, it will switch to Wednes-

days at 9 p.m., following the American Idol results show.

The first new Tuesday comedy is Raising Hope, about a 23-year pool cleaner who suddenly has to raise his baby. Sitcom veteran Cloris Leachman appears in the character's family. Running Wilde has star power, with Will Arnett portraying a playboy trying to woo his high school sweetheart, played by Keri Russell.

Stephen Spielberg's highly anticipated Terra Nova hasn't been scheduled yet.

THE ASSOCIATED PRESS

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5/18/10	265 353 2	TVO Parks	Recreat. Eden	The Agenda With Steve Paikin	The Jury (Part 2 of 6)	100 Greatest Discoveries	Agenda-Paikin			
	211 331 3	GTV Entertainment	ET Canada	NCIS "Patriot Down" (N)	Glee "Dream On" (N)	The Good Wife (N)	News Hour			
	- - 5	SRC Squelettes	Tout	Beautés désespérées (SC)	Bons baisers de France (SC)	Le Téléjournal Nouvelles (SC)	TJ Ontario			
	209 342 6	CHRO Degrassi: TNG	TMZ (N)	Dancing With the Stars	The Middle (N)	Old Christine	Comedy Now			
	196 311 7	CTV etalk	Access H.	American Idol	Lost (HDTV) (N)		Law & Order: SVU			
	208 303 8	CBC NHL Hockey Playoffs: Teams TBA (HDTV) (Live)					CBC News: The National			
	- 360 9	NBC Wheel Fortune	Jeopardy! (N)	The Biggest Loser Final four contestants run a marathon.			Parenthood (HDTV) (N)			
	117 713 10	TVA La Fière de la danse (SC)	Caméra café	Taxi 0-22 (SC)	La Grande Évasion (SC)		TVA nouvelles	(10:45) Denis Lévesque		
	- - 11	OS Oncle Charlie	Roxy (N) (SC)	CSI: NY (SC)	Flashpoint (SC)		L'Attaque à 5 (N)			
	137 763 12	TFO Panorama	La Huronie	On Connait la Chanson *** (1997, Comédie) Pierre Ardi.			Drôle et sexy			
	- 362 13	CBS The Insider (N)	Judge-Brown	NCIS: Los Angeles (N)	The Good Wife (N)		Citoyens du			
	216 395 14	OMN2 Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition		Two/Half Men	King		
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	115 343 16	CFMT Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News:	Law & Order: Criminal Intent			
	218 345 18	CHCH Samurai Cowboy ** (1994, Western)	Hiromi Go.		Blood Simple *** (1984, Crime Drama)	John Getz.	News at 11 (N)			
	- 361 20	ABC Action News	Entertainment	Dancing With the Stars	Lost (HDTV) (N)		(10:02) V "Red Sky"			
	512 396 24	CPAC (6) Dossier public (SC)		Heure polit.	L'Heure politique		Tête-à-tête			
	651 355 25	CTS Little House on the Prairie	Father Dowling Mysteries	American Idol	100 Huntley Street		Life Today	This Is Day		
	- 365 36	FOX TMZ (N)	Seinfeld	Nova (DVS)	Glee "Dream On" (N)		FOX 2 News (N)			
	- - 64	PBS Business Rpt.	Help Wanted	American Idol	Frontline "The Wounded Platoon" (DVS)		A Gathering of			
	205 312 104	CTV etalk	Access H.	American Idol	Lost (HDTV) (N)		Law & Order: SVU			
	502 390 26	NW The Lang & O'Leary Exchange		Connect with Mark Kelley	CBC News: The National		CBC News: The National			
	500 500 33	CNN John King, USA (N)	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)					
	406 417 27	net MMA Conn	Sportsnet Con.	Hockey Memorial Cup: Teams TBA.	(HDTV) (Live)		Sportsnet Con.			
	126 730 28	RDI 24 Heures en 60 minutes		Grands reportages (SC)	Le Téléjournal (SC)		RDI économie	Le National		
	400 280 30	TSN That's Hockey	Interruption	Draft Lottery	Eastern Conference Final, Game 1: Teams TBA.	(HDTV) (Live)	SportsCentre			
	410 403 52	SCR Cabby Unlimt	Score Today		Score Now		Score Now			
	411 457 56	OLN Ghost Hunters		Destination Truth	Operate-Repo		Operate-Repo			
	417 406 59	SC NASCAR Race Hub (HDTV) (N)	NASCAR Hall of Fame Biogra	Race in 60 (N)	NASCAR Hall of Fame Biogra		NASCAR Hall			
	554 544 48	TEL Johnny Test	Total Drama	6TEEN	Futurama		American Dad	Futurama		
	557 540 51	FAM Sonny-Chance	Suite Life	Overruled!	Han, Montana		Ned's School	Cory in House		
	551 542 65	YTV That's-Weird	Family Biz	Malcolm	Hates Chris		To Be Indie	Family Biz		
	570 580 29	MTV The Daily Fix		Ranked!	mmrpt10.ca		Hammerlime	Gimme Sugar		
	615 520 31	A&E The First 48 (HDTV)		Criminal Minds "Doubt"	Criminal Minds (HDTV)		Criminal Minds "Identity"	CSI: Miami		
	628 584 32	SPKE CSI: Crime Scene Investigat'n		Deadliest Warrior (HDTV)	Deadliest Warrior (HDTV)		Deadliest Warrior (HDTV) (N)	Deadliest		
	521 560 34	TLC Toddlers & Tiaras		World's Tallest Children	19 Kids-Count		World's Strongest Toddler	Children		
	145 761 35	TV5 Zoom animal		Partir autrément	Les Invincibles (SC)		ADN: Accel.	Nouva		
	616 521 39	SHO Relic Hunter		Behind the Wall (2008, Suspense) Lindy Booth.			Californication	Secret Diary		
	620 523 40	BVO Chantal Kreviazuk Live		Romantic Portrait Yundi Li	Altered by Elvis		Spectacle: Elvis	Law & Order		
	520 505 42	DMS Daily Planet (N)		How It's Made	How It's Made		Destroyed	Daily Planet		
	575 583 43	CIT Amer. Funniest Home Videos		Reba	Reba		According-Jim	Meet-Wilsons		
	601 562 45	SLC Rich Bride Poor Bride		Party Mamas	Party Mamas		Wedding SOS	Wedding SOS		
	625 548 46	COM Air Force	22 Minutes	Corner Gas	Name Is Earl		The Simpsons	South Park		
	294 529 47	TBS MLB Baseball New York Mets at Atlanta Braves (HDTV) From Turner Field in Atlanta. (Live)								
	600 564 49	H&G House Hunters	Property Virgin	Outdoor Room w/ Jamie Durie			Sarah's House	Genevieve		
	627 528 50	SPC Stargate Atlantis	(DVS)	Star Trek: Voyager			Medium "Dead Meat" (N)	Fringe (N)		
	581 566 53	MTV The Hills	After	Cribs	Teen Cribs		The City	The Hills		
	618 524 48	TROP The Celebrity Apprentice	The two finalists are determined.				Dog Whisperer			
	522 506 55	HIS Aftermath (HDTV)		Cities of the Underworld			Pawn Stars	Pawn Stars		
	129 773 60	CD Biographies "Hilary Swank"		Ondes de choc			Images-chocs "Justice civile"	Gangland (HDTV) (SC)		
	261 394 61	V Murder, She Wrote		May-December	When I Laugh		SOUL "My Way" (DVS)	Unscripted (N)	Crazy for Love	
	602 567 62	W Supernanny		Style by Jury	Beauty Call		Beauty Call	Style by Jury		
	269 350 70	APTN Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall		Arbor Live Domencia.	Beyond Words	Chiefs-Champ	
	521 527 71	TLK Look-A-Like	TMZ	The Ellen DeGeneres Show (N)			The View (HDTV) (N)	The Dr. Oz Show (N)		
	603 561 95	FN Ricardo	Exotic	Dinner: Impossible (N)			Chef Abroad	Chefs vs. City		

critics' corner—

The Good Wife

Eli works on getting Peter's charges dropped, while Alicia finds herself once again defending one of her least favorite clients: accused wife killer Colin Sweeney (guest star Dylan Baker), who claims self-defense when she finds him handcuffed to a dead woman in the new episode "Hybristophilia." 10 PM on 13.3 GTVCBS



The Biggest Loser

Contestants and winners from past seasons, as well as family members, cheer on the final four as they run a marathon. One contestant receives a visit from chef Curtis Stone. A last weigh-in determines who the final two contenders will be, with viewers voting on a third finalist. 8 PM on 15 CITY 9 NBC

Val's water breaks, marking the imminent arrival of her baby with Ryan. Erica and Tyler are invited up to the Motherhood for a dinner. Chad makes the devastating discovery that Anna (Morena Baccarin) has been using him in the season finale, "Red Sky." 10:02 PM on 20 ABC 6 SHRO

NBC begins its Fall TV season push

SCHEDULE NBC will give viewers a turn-the-page schedule next fall that attempts to erase the memory of this season's failed Jay Leno experiment and another fourth-place finish by presenting new scripted programming each weeknight at 10 p.m.

That 10 p.m. schedule has four new programs and one, Parenthood, that has only been on the air for a few months.

They include a Jerry Bruckheimer drama about catching criminals on the lam, another Law & Order spinoff, an unconventional hour-long comedy and a series where Jimmy Smits plays a U.S. Supreme Court justice who quits to return to private practice. NBC said Heroes was cancelled.

The network had already said it was ending Law & Order after 20 years on its schedule.

THE ASSOCIATED PRESS

Network

- The network's announcement, kicks off a busy week when fall television schedules are outlined.

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THE STAD BAND presents SAILORS & SONGS
May 19 – 8PM
Mirror Tent
The Stadacona Band of Maritime Forces Atlantic is one of six regular military bands serving the Canadian Forces

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TULIPFESTIVAL.CA

LIBERATION SWING BAND
May 20 – 7:30PM
May 21 – 7:30PM
Mirror Tent
Party like its 1945! The Liberation Swing Band's ensemble of 12 musicians and 4 singers

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TULIPFESTIVAL.CA



McCarthy spotted with another man

Jenny McCarthy is officially on the rebound after her April split from Jim Carrey. Over the weekend, she was photographed twice out and about in L.A. with an unidentified, blonde male companion, usmagazine.com reports. **METRO NEWS SERVICES**

entertainment **17****Celebrity Buzz**

Two years later family misses Ledger

SO DO HIS MANY FANS AROUND THE WORLD He's been gone for more than two years, but Heath Ledger's family continues to make sure his memory is here to stay, people.com reports.

"He is alive in my heart and in my head. Every day I talk to him," Ledger's sister, Kate told People last week at the sixth annual Australians in Film Breakthrough Awards. Kate and Ledger's mother, Sally Bell, were on hand to watch Colin Farrell present up-

and-coming actress Bella Heathcote with the Heath Ledger Scholarship.

"It is very special," Kate said. "It's honouring our boy so we couldn't be prouder

and we think it is an amazing scholarship that is going to give so many opportunities."

His mother added, "He had a huge passion for acting. That was the most important thing for him. It wasn't about the money. He had such a passion that just showed through regardless of how big the role was."

Ledger's family said it comforts them to know he will be forever immortalized in films, but Kate admitted that "we haven't been able to watch any."

"We find that too difficult," the late Oscar winner's mother added.

METRO WORLD NEWS

Conan likes new 'hood

AT LEAST TBS IS PUTTING OUT A WELCOME MAT... UNLIKE HIS LAST EMPLOYER His competition is Jay Leno and David Letterman. His roommates will be George Lopez and Ellen DeGeneres.

Conan O'Brien will film his upcoming late-night TBS talk show at the historic Stage 15 on the Warner Bros. lot in Burbank, according to the Hollywood Reporter. That's the same lot that's already home to Lopez and De-

Generes's daily shows, female-

first.co.uk reports.

"I can't wait to interview the cast of Jersey Shore on the same lot where they filmed Casablanca," O'Brien says.

O'Brien, 47, left NBC's The Tonight Show in a shakeup in January. His hour-long, yet-to-be-titled TBS show premieres in November and will air at 11 p.m. ET Mondays through Thursdays. Lopez, also on TBS, is being bumped to midnight ET. **METRO NEWS SERVICES**



Elin not speaking to Tiger

JUST GET DIVORCED ALREADY. WHAT ARE YOU WAITING FOR? Relations are still chilly between Tiger Woods and wife Elin Nordegren — so chilly that they're not even speaking to each other, according to Radar Online. "Elin has the nannies take

the children back and

forth. They've had no conflict over the children but they've also had no contact," a source says. "Elin has made it very clear this is the way she wants it. They just don't speak anymore, even during the rare times when they see each other in person."

METRO**WORLD NEWS**

Olsen's plane makes an emergency landing

AND SURPRISINGLY SHE IS NOT TO BLAME, WE HOPE AT LEAST Ashley Olsen's plane was forced to make an emergency landing on Sunday, femalefirst.co.uk reports.

The 23-year-old actress-and-designer was travelling from New York to Los Angeles with her boyfriend, The Hangover actor Justin Bartha, when an electrical fire sparked in the cockpit, forcing

ing the pilot to land the aircraft in Virginia.

Publicist Phil Lobel — who was a passenger on the plane — told ET Online the incident was a "harrowing experience" as the fire had caused the windshield to crack, which "obscured the pilot's ability to conduct a visual landing."

Emergency crews met the plane on the runway, where they stabilized the situation before leading the passengers and crew to safety.

METRO WORLD NEWS

No marriage plans for Seyfried

SHE NEEDS TO TRACK DOWN HER THREE POTENTIAL FATHERS First Amanda Seyfried is perfectly happy with boyfriend Dominic Cooper, but that doesn't mean she's planning on making things official anytime soon.

"A lot of people

ask me, 'Is Dominic the one?' I don't know, and I'm fine with that," she tells Teen Vogue. "Too much planning can lead to heartbreak. Love is great and possible always, but it's very rare to have the feeling that 'I want to be with this person forever.'"

METRO WORLD NEWS

Stone set up LaBeouf, Mulligan

AND FOR HIS NEXT PROJECT: CUPID, STARING HIMSELF Oliver Stone doesn't mean to boast, but he's taking credit for Shia LaBeouf and Carey Mulligan's relationship.

"It was all thanks to me," the director tells People magazine. The young actors first met on Stone's

film, Wall Street: Money Never Sleeps, which premiered last week at the Cannes Film Festival.

"You could see their chemistry right away, and it was pretty powerful," Stone says. "They were completely professional on the set, but there was no mistaking what was happening."

METRO WORLD NEWS

Twilight pair go on the lam

YOU CAN'T HIDE FROM THE PARAZZIS FOREVER Kristen Stewart admits that she and Robert Pattinson have become homebodies thanks to all the attention they get from the paparazzi, according to USA Today.

"They just make up a story to go along with the pictures," she says of the photographers that follow their every move. "If they never get the picture, there's no story. We are just good hiders now."

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets**COURTNEY LOVE** isreaching out to Lindsay Lohan, **JIM****CARREY** is doubting his abilities, **SAMANTHA****RONSON** is feeling left behind, and **JUSTIN BIEBER**

knows how to party.

@CourtneyLoveUK

@lindsaylohan i have this

urge to help you today im

sorry you left the hotel i

think i know what to do for

you, had it for a few days

@JimCarrey

Spent 10min trying 2 spell

'exercise' 2day. Sometimes a

word you know how 2 spell

suddenly just doesn't look

right, even on spell check.

@samantharonson

Don't you hate it when your

friends grow up without

you?

@justinbieber

got to go to Sea World yes-

terday and see. Shamu made

me believe and i got to make

out with some Beluga Whales.

good times

METRO NEWS SERVICES**Suri the****fashion guru****AND GIVING HER EVERYTHING****SHE WANTS ISN'T GOING TO****CAUSE PROBLEMS LATER ON.**

Despite wild reports of

high-priced wardrobe

items — including \$850

Ferragamo bags and \$635

dresses — Tom Cruise says

four-year-old Suri Cruise

gets whatever she wants

when it comes to fashion.

"Whatever she wants to

wear, she wears it," he

tells Oprah Winfrey about

his daughter with Katie

Holmes. "I'm not going to

tell her different." Besides,

he admits, Suri knows

what she's doing.

"She's got great

taste, too," he

says. "She tells

me what to

wear."

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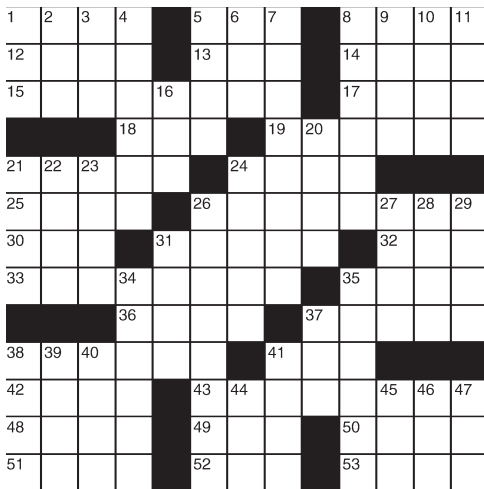
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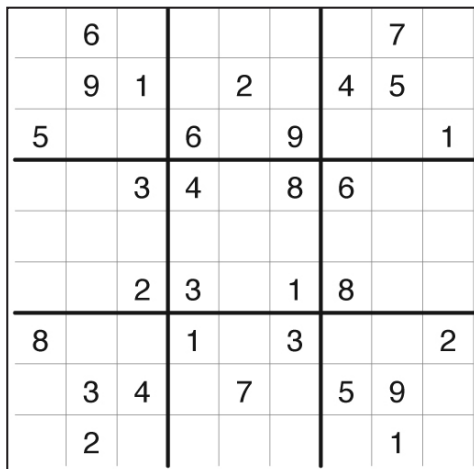
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Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

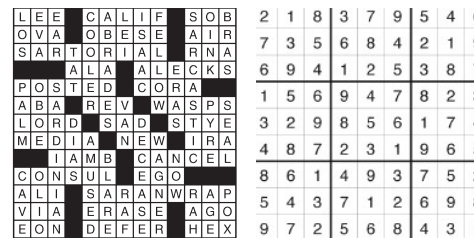
- 1 Relinquish
- 5 The D in DJIA
- 8 Faction
- 12 Credit card name, for short
- 13 "... rose — rose"
- 14 Operatic solo
- 15 Richly sweet
- 17 Victory's opposite
- 18 Charged bit
- 19 Hypnotic state
- 21 Treaties
- 24 Strait-laced
- 25 Capri, e.g.
- 26 2010 Oscar-winning film
- 30 Greek cross
- 31 Working-class member
- 32 Expert
- 33 Plausible but untrue
- 35 Burn somewhat
- 36 On a pension (Abbr.)
- 37 Move laterally
- 38 Read
- 41 Encountered

- 42 Astringent
- 43 Kind and courteous
- 48 Arm or leg
- 49 One part of ENT ...
- 50 ... and another
- 51 Church service
- 52 Agt.
- 53 "Pygmalion" playwright

DOWN

- 1 Ore, neighbor
- 2 Ostrich's kin
- 3 — Moines
- 4 Stir up
- 5 "My Heart Will Go On" singer
- 6 Buckeyes' sch.
- 7 Strangers to frugality
- 8 Deli sausage
- 9 Press
- 10 Platter
- 11 Relaxation
- 16 One of the Cyclades
- 20 Wedding shower?
- 21 Quarries
- 22 Promptly, on a memo
- 23 Professor Plum's game
- 24 Exultant
- 26 Mentors' charges
- 27 Newspaper page
- 28 Caspian Sea feeder
- 29 Aching
- 31 Slapstick arsenal
- 34 Hansel and Gretel's trail
- 35 Peaceful protests
- 37 Moment
- 38 Coconut provider
- 39 Director Kazan
- 40 Piratic potables
- 41 "There's Something About —"
- 44 Knock
- 45 La-la lead-in
- 46 Patriotic chant
- 47 Stitch

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Shrimp with Dill Dressing

INGREDIENTS:
1 cup mixed basmati and wild rice, rinsed
Zest and juice of 1 lime
2 tbsp canola oil, divided
2 tsp sesame oil
1 tbsp soy sauce
250 g broccoli florets
250 g snow peas, halved
500 g large peeled and deveined shrimp
1 yellow pepper, seeded and sliced
3 scallions, sliced
4 tbsp chopped fresh dill
Salt and pepper

METHOD:

1. Cook rice with lime zest according to package instructions. Drain and add to wide salad bowl. Discard zest.

2. Whisk 1 tbsp lime juice, 1 tbsp canola oil, sesame oil, soy sauce, salt and pepper in small bowl. Drizzle dressing over rice and stir to mix. Spread out

rice in bowl and leave to cool.

3. Steam broccoli over pot of boiling water 4 minutes. Add snow peas and steam 2 minutes. Drain vegetables and refresh under cold running water.

4. Heat remaining canola oil in skillet. Add shrimp; cook over high heat until cooked through, 1–2 minutes per side. Remove from heat and sprinkle with remaining lime juice.

5. Add pepper, scallions and dill to rice; stir gently. Pile shrimp on top and serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



Don't be too generous with your time and your money. An easy come, easy go attitude may be fun today but it won't be tomorrow if you end up poor.

LIBRA

SEPT 23-OCT 23



You will have to admit that some kind of dream is not going to come true. Perhaps you were aiming too high. It's time to move on.

TAURUS

APRIL 21-MAY 21



You seem to be going through a period of upheaval at the moment but you know that in the long-term it's for the best. Keep things simple.

SCORPIO

OCT 24-NOV 22



You have begun to see certain people in a new light, and so many of the things you argued about in recent weeks no longer seem to matter.

GEMINI

MAY 22-JUNE 21



You appear to be a bit confused. You appear to have lost your way. Maybe it's because you have tried to be too logical in your thinking in recent weeks.

SAGITTARIUS

NOV 23-DEC 21



You need to be more adaptable today. You also need to realize that there are certain things that not even you can do on their own. Get assistance.

CANCER

JUNE 22-JULY 22



With the Sun and Jupiter working in your favor today you should find it easy to come to terms with difficult situations. Look for on the bigger picture.

CAPRICORN

DEC 22-JAN 20



You may be ultra competitive but ask yourself: does it really matter that much who wins? You are taking some things far too seriously. Enjoy life.

LEO

JULY 23-AUG 23



Someone you have depended on many times in the past may not be there for you today and most likely you'll panic. It's for the best, for both of you.

AQUARIUS

JAN 21-FEB 18



Simplify your routine and cut back on non-essentials. You need to manage your affairs in a more organized way.

VIRGO

AUG 24-SEPT 22



Something will happen over the next 24 hours that helps you understand some of the apparently senseless things that have occurred in recent weeks.

PISCES

FEB 19-MARCH 20



The truth is rarely straightforward. What people say and what people mean are often two different things.

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This day in history

1652: Rhode Island passes the first law in North America making slavery illegal.
1756: The Seven Years' War begins when Great Britain declares war on France.
1765: Fire destroys a large part of Montreal.
1783: First United Empire Loyalists reach Parrtown, Saint John, N.B., leaving the United States.
1860: Abraham Lincoln wins the Republican Party nomination over William H. Seward.
1980: Mount St. Helens erupts in Washington state, killing 57 people and causing \$3 billion in damage.

METRO NEWS SERVICES

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